

Meeting Faculty

Erin L. Arnold, MD

Dr. Erin Arnold is a native of the North Shore of Chicago where she currently resides with her husband and two sons. Dr. Arnold received her medical degree from the University of Pennsylvania School of Medicine, completed her residency training at the University of Chicago and her Rheumatology fellowship at the University of California Los Angeles where she was awarded funding by the Arthritis Foundation. Dr. Arnold was the first American Rheumatologist to be trained in Diagnostic and Interventional Musculoskeletal Ultrasound during her fellowship at UCLA.

She has played an active role in the RRF and ACR where she served on the Board of Directors for both organizations. During her board membership she was involved in the ACR's strategic planning meetings and task forces for "the ideal Rheumatology practice," Musculoskeletal Ultrasound, and leadership development fellowship. Dr. Arnold has also represented the ACR on the American College of Radiology's Imaging task force and has acted as the ACR liaison for the Arthritis Foundation's Public Policy committee.

Dr. Arnold is founder and principal at Arnold Arthritis and Rheumatology. She is dedicated to providing innovative care to patients with arthritis in an optimistic, professional and compassionate environment. Dr. Arnold's approach to patient care emphasizes an aggressive approach to achieve remission of disease by incorporating multiple modalities (state of the art lab measurements, innovative imaging modalities and biologic therapy) to achieve this goal. She has developed a unique ultrasound exam accredited by the AIUM, to diagnose inflammatory and crystal induced arthritis and to follow the patient's response to therapy.

Dr. Arnold is committed to providing timely access to Rheumatology care and has designed her practice around the principles developed by the RAPP project and Dr. Harrington's work.

Mark Box, MD

Dr. Box is board-certified in rheumatology and a certified densitometrist who also conducts research that informs future treatments for his patients. He is extremely active in the health care industry, medical legislation, and clinical research and is a member of many professional organizations.

He enjoys movies, theater, and reading in his spare time.

Gary L. Crump, MD

A native of Louisville, Dr. Crump attended Indiana University where he received his undergraduate degree with a Bachelor of Sciences in Microbiology in 1979. He then returned home to attend medical school at the University of Louisville, graduating with his MD in 1983.

He did a residency in Internal Medicine, and a fellowship in Rheumatology/Immunology at the University of Cincinnati, which he completed in 1988. Dr. Crump is board certified in Internal Medicine and Rheumatology. He is also certified in Bone Densitometry.

Dr. Crump joined Dr. Paul Schneider to form Rheumatology Associates, PLLC, in 1988. He has served as Laboratory Director of our COLA-certified lab for twenty years. His practice interests include Rheumatoid Arthritis, Psoriatic Arthritis, SLE, and Gout. He is currently involved in a nation-wide pilot project on population-based disease management of RA. Dr. Crump has published several articles in medical journals and co-authored chapters in medical textbooks. He has been an invited lecturer both in the US and abroad. He is an educator to other physicians on new treatments and serves as a consultant to several pharmaceutical companies.

Dr. Crump is the father of two grown sons, Robert and Matthew, and an adopted son, Edmond. Outside of work, he and his wife Nancy enjoy cooking and travel. His hobbies are golf, and riding and showing American Saddlebred horses.

Steve Echard

Steven Echard is a Certified Association Executive (CAE*) and Graduate of the Institute of Organizational Management (IOM) at UCLA. He has served as Executive Director of several medical/scientific professional societies and medical research foundations. Mr. Echard currently serves as the Executive Vice President for the American College of Rheumatology (ACR), an international healthcare association committed to improving the care of patients with rheumatic disease and advancing the rheumatology subspecialty.

Before returning to ACR in 2019, Mr. Echard served as Chief Executive of the American Association for the Study of Liver Diseases (AASLD), an international healthcare association working to advance and disseminate the science and practice of hepatology, and to promote liver health and quality patient care. During his 5-year tenure, he was able to assist AASLD leadership refine its strategic plan and increase its program offerings, including the launch of a new AASLD Foundation and large investment in Global Outreach. During his tenure, AASLD experienced significant growth in membership; program budget; and staff (34 staff to 60+).

Arthur Kavanaugh, MD

Arthur Kavanaugh MD, is currently Professor of Medicine at the University of California, San Diego (UCSD) School of Medicine. In addition, he is the Director of the Center for Innovative Therapy in the UCSD Division of Rheumatology, Allergy, and Immunology.

Dr. Kavanaugh earned his BS in biology at the Massachusetts Institute of Technology in Cambridge, Massachusetts and his MD at Saint Louis University School of Medicine in Saint Louis, Missouri. He completed a residency in Internal Medicine and then a fellowship in Clinical Immunology/Allergy at the Baylor College of Medicine in Houston Texas. Dr Kavanaugh also completed a Rheumatology fellowship at the University of Texas Southwestern Medical School in Dallas. He subsequently spent more than a decade on the faculty at UTSWMC before joining the Rheumatology, Allergy, Immunology Division at UCSD, where he has been since 1999.

Dr. Kavanaugh has authored more than 300 peer reviewed scientific publications and reviews and book chapters. He is on the editorial board for several journals and has served as peer reviewer for more than a dozen scientific journals. Dr Kavanaugh is a fellow of the American Academy of Allergy, Asthma, and Immunology (AAAAI), and the American College of Rheumatology (ACR). He has been a member of and chaired a number of committees in these organizations.

Dr Kavanaugh's main research interest has been in clinical research, particularly translational aspects of rheumatology research. This has included work delineating the pathophysiology of rheumatic diseases as well as defining changes associated with novel immunomodulatory therapies. The focus of many clinical projects has been rheumatoid arthritis and psoriatic arthritis, but Dr Kavanaugh has conducted many studies in other autoimmune conditions, including systemic lupus erythematosus, ankylosing spondylitis, inflammatory bowel disease, and others. In addition, he has performed studies focusing on novel imaging methods and also clinical outcomes. Dr Kavanaugh has been involved with helping to create guidelines for the treatment and optimal care of patients with rheumatic diseases. Dr Kavanaugh was involved with the formation of GRAPPA (group for research and assessment of psoriasis and psoriatic arthritis) and remains on the steering committee. He has been a board member of CORRONA (Consortium of Rheumatology Researchers of North America) since its inception.

Timothy A. Lonesky, DO

Dr. Lonesky began his education at Juniata College in Huntingdon, PA where he played basketball and football along with meeting his wife Trudy. Afterward, in 2000 he began his medical school training at the Philadelphia College of Osteopathic Medicine. From 2004-2007, he was an internal medicine resident at Mercy Hospital of Pittsburgh. This was followed by his fellowship in rheumatology at Dartmouth Hitchcock Medical Center in Lebanon, NH. Dr. Lonesky enjoys being active with his 4 children and wife along with being involved in his local church.

Dr. Timothy Lonesky is President of Kentuckiana Rheumatology Alliance.

Cory W. Meadows

Cory W. Meadows is Director of Advocacy and Legal Affairs at the Kentucky Medical Association where he manages the KMA's legislative advocacy efforts and legal activities. Meadows received his undergraduate degree from the University of Kentucky and his Juris Doctorate from the Brandeis School of Law at the University of Louisville. Upon graduating from law school, Meadows became a public defender with the Metro Louisville Public Defender's Office. He left the practice of law in 2005 and entered public service by joining Governor Ernie Fletcher's administration wherein he served in several key positions. Upon leaving state government, Meadows returned to private practice before becoming General Counsel of DTX Oil LLC, a green energy start-up company based in Lexington, Kentucky where he remained until 2009. Prior to joining the Kentucky Medical Association, Meadows was an attorney with the law firm of Frost Brown Todd.

Janet Pope, MD

Dr. Janet Pope is a Professor of Medicine in the Division of Rheumatology at the University of Western Ontario (UWO), Schulich School of Medicine, London, Ontario, Canada. She is the Division Head in Rheumatology at St. Joseph's Health Centre, London. She obtained her MD, and Fellowship in Internal Medicine at UWO and a Fellowship in Rheumatology and Masters of Public Health were acquired at Boston University. She then completed a Canadian Arthritis Society Research Fellowship in Scleroderma.

Janet is passionate about research, teaching, mentoring and excellent clinical care. She is on the Scientific Advisory Committee for the CATCH cohort (Canadian Early Arthritis Cohort) and the OBRI (Ontario Best Practice Research Initiative) and scleroderma and SLE cohort studies. She is on the Editorial Boards of Arthritis & Rheumatology, Journal of Rheumatology, Lancet Rheumatology and Nature Reviews Rheumatology. She is involved in mentorship both for junior faculty in the Faculty of Medicine, Western and in Rheumatology throughout Canada. Her research includes studies in scleroderma, SLE and RA, including outcome measurements, clinical trials and disease manifestations. She has published over 500 peer-reviewed articles, 15 chapters, 700 abstracts and several Cochrane meta-analysis reviews. Mentoring of students and trainees numbers more than 125. She has received the Distinguished Investigator Award from the Canadian Rheumatology Association, Rheumatologist of the Year from the Ontario Rheumatology Association, Department of Medicine Research Achievement Award, and the Dean's Award of Excellence in Research. She has been awarded Fellow of the Canadian Academy of Health Sciences (CAHS).

David H. Sikes, MD

Dr. Sikes is a practicing rheumatologist in a multi-specialty group in the Tampa Bay area. He leads a rheumatology department of 7 rheumatologists and 9 mid-levels. His clinical areas of interest include rheumatoid arthritis disease activity measurement, musculoskeletal ultrasound and scleroderma. He is an avid road cyclist.